

A Year of Abundance



It's wonderful to have an abundance of money, but without other more meaningful forms of abundance you won't enjoy it much. Also note that there aren't a lot of material things you'd want to have in abundance. You really don't want an abundance (more than enough) of cars, or houses, or even clothes or food.

Take a look at this checklist and mark the abundances you intend to create. As you do so, stop at each item on the list for a moment and imagine how your life will change when you create it in abundance.

This year, I intend to create an ever-increasing abundance of:

- Money
- Success
- Freedom
- Safety
- Security
- Choice
- Love
- Creativity
- Passion
- Fun
- Excitement
- Belonging
- Self-trust
- Self-confidence
- Self-love
- Self-worth
- Time
- Laughter
- Positive experiences
- Spiritual growth
- Spiritual connection
- Health
- Happiness
- Integrity
- Grace
- Humility
- Power

Prosperity
Character
Honesty
Joy
Beautiful memories
Beautiful dreams
Laughter
Positive expectations
Meaningful relationships
Guidance
Protection
Fulfilling work
Vitality
Hope
Learning
Knowing
Forgiveness
Assistance
Miracles
Clarity
Support
Elegance
Ease
Peace
Contentment
Understanding
Beauty
Wisdom
Healing
Whatever I need

Add others:
